

PITUITARY DISORDERS

SYMPTOMS

Headaches

Loss of Memory/Poor Concentration

Fatigue/Weakness in Limbs

Lactation while not pregnant

Abnormal Growth in Hands/Feet/Jaw

Eating Disorders

Difficulty Swallowing/Dysphagia

Sleeping Problems/Apnea or Hypersomnia

Premature or Delayed Puberty

Depression

Loss of Sleep

High Blood Pressure

Vision Changes

Anemia

Diabetes

Hypercalcemia

Clotting Problems

Shortness of Breath

Mood/Emotion Swings

Sexual Dysfunction

Unusual Hair Growth/Hair Loss

Irregular Menses

Appetite Loss

Impotence

Fluid Retention/Edema

Skin Conditions

Dry Mouth or Xerostomia

Anger/Rage

Lethargy

Weight Gain

Polyps

Bleeding Problems

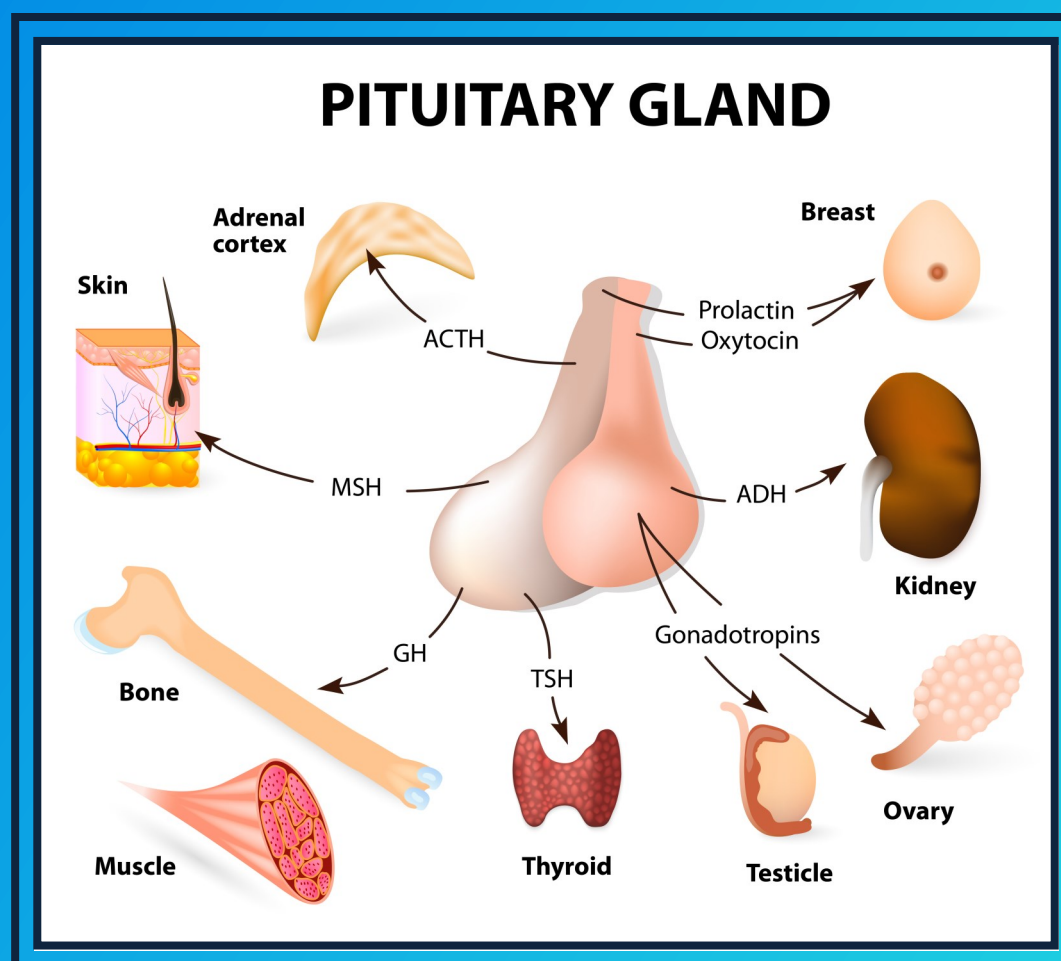
Carpel Tunnel

Osteoporosis

Early Menopause

Difficulty Chewing

Educate yourself
and your family.
Knowledge is
Power!



Expert care is
essential to
achieve a better
Quality of life

Growth Hormone (GH): This is the principal hormone that, among many other functions, regulates body and brain development, bone maturation, metabolism and is essential for healthy muscles.

Luteinizing Hormone (LH) and Follicle Stimulating Hormone (FSH) (Gonadotropins): These hormones control the production of sex hormones (estrogen and testosterone) as well as sperm and egg maturation and release.

Prolactin (PRL): This hormone stimulates secretion of breast milk.

Thyroid Stimulating Hormone (TSH): This hormone stimulates the thyroid gland to release thyroid hormones. Thyroid hormones control basal metabolic rate and play an important role in growth and maturation. Thyroid hormones affect almost every organ in the body.

Adrenocorticotropic Hormone (ACTH): This hormone triggers the adrenal glands (located above the kidneys) to release the hormone cortisol which in turn, regulates carbohydrate, fat, and protein metabolism and is essential in the stress response.

Vasopressin - Also called anti-diuretic hormone (ADH): This hormone promotes water to be reabsorbed by the kidneys and is thus essential in water and electrolyte balance.

October is Pituitary Awareness Month
November 1 is Acromegaly Awareness Day
April 8 is Cushing's Awareness Day

Visit us at www.pituitary.org for more
information